

## What is Occupational Therapy

Occupational Therapy promotes functional independence for children who are dealing with the effects of disease, injury, birth anomalies, disability, or developmental problems. Through meaningful activity & play, occupational therapy facilitates normal development & the promotion of age-appropriate skills.

Specifically pediatric occupational therapy may focus on: fine motor skills including hand use & printing, self-help skills such as feeding, dressing, and bathing, thinking skills, such as recognizing shapes, & pre-school & school skills such as following directions problem solving, and socialization.

## Rates\*

- Standardized Developmental Screening including individualized consultation starting from \$55.00
- Clinical Assessment \$200.00
- PUF Funding Assessment \$350.00
- Office Visit \$80.00
- Consultation \$80.00/hour

\* Rates subject to change without notification.

## Insurance

Services are eligible for Health Spending Account coverage with:

- Alberta Blue Cross
- Alberta School Employee Benefit Plan
- Quickcard Solutions

*Please refer to your plan to confirm coverage.*

## Build Skills and Empower Your Child

- Gain peace of mind knowing how your child's abilities compare to same aged peers.
- Develop a treatment plan based on your child's strengths & interests.
- Assist your child building the skills they need for success.
- Empower your child for their future.

## Services

- Screening
- Assessment
- Treatment
- Consultation

## What to Look Out for

- ✓ No interest in fine motor skills
- ✓ Unable to roll, hop, skip, jump, run, etc
- ✓ Poor pencil grasp or scissor skills
- ✓ Clumsy grasp & release skills
- ✓ Difficulty holding small objects, manipulating tools, pencils or scissors
- ✓ Unable to complete mazes, dot-to-dots, etc
- ✓ Difficulty copying text from whiteboard or blackboard
- ✓ Dressing: clothes or shoes on backwards
- ✓ Dressing: shoes on wrong feet
- ✓ Messy or picky eaters
- ✓ Poor orientation of puzzle pieces - "gives up"
- ✓ Reversal of letters such as b for d or p for q
- ✓ Avoidance of gross motor activities
- ✓ Poor coordination



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## Skill Builders

PEDIATRIC OCCUPATIONAL THERAPY



Occupational Therapy  
for Children



- Developmental Milestones
- Fine & Gross Motor Skills
- Sensory Motor Skills
- Visual Perceptual Skills
- Printing & Handwriting
- IPP Consultation

**Skill Builders provides comprehensive Pediatric Occupational Therapy services to children of all ages in a Family Centred manner, helping children build the skills for success.**

## Occupational Therapy Services for Children

All parents want the best for their children however medical conditions or developmental issues can make growing up a challenge. Extended periods of illness, medical conditions and individual abilities can significantly affect your child's growth & development, school readiness & school performance.

### PEACE OF MIND

Through developmental screening or assessment, Skill Builders can provide Parents with peace of mind knowing how their child's skills are developing in comparison with other children their same age.

Whether your child is an infant

learning to roll, a preschooler entering Kindergarten, or a grade school student practicing handwriting, Skill Builders can provide you with peace of mind.



### BUILDING SKILLS

Gross & fine motor skills are the foundation for learning to roll, crawl, print and handwrite. Visual perceptual skills are needed for reading while sensory motor skills are key for interacting with others.

Skill Builders offers treatment options for all of these areas ranging from individualized treatment sessions to small groups, & from in-home to school based to their clinic setting.

Skill Builders recognizes the vital role that family & caregivers play in the well-being of children. Subsequently all treatment plans are family centred and incorporate the child's interests.

For children that have recently been assessed or previously seen an Occupational Therapist, a combination of services can be developed to meet the child & family's needs.

IPP development & school based services are also available.

### EMPOWERING YOUR CHILD

A solid foundation of skills & confidence are two of the greatest gifts parents can give their children. Over & over Skill Builders help parents & children play their way to successful futures.

- Developmental Milestones  
rolling & crawling  
walking & running
- Fine & Gross Motor Skills  
pencil grasp  
getting dressed  
catching a ball
- Sensory Motor Skills  
sensory processing  
motor planning  
tactile defensiveness
- Visual Perceptual Skills  
shape recognition  
letter & number recognition
- Printing & Handwriting  
pre-printing skills  
letter formation  
legibility & copying
- School Readiness  
IPP consultation  
classroom management

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